



LIFESAVING SOCIETY  
The Lifeguarding Experts

# Basic First Aid

| Candidates' Names | Age | Contacting EMS | Primary assessment:<br>unconscious victim | Rescue breathing | Obstructed airway:<br>adult conscious victim | Obstructed airway:<br>adult unconscious victim | Care of victim in shock | Care for external bleeding | Result |
|-------------------|-----|----------------|---|------------------|--|--|-------------------------|----------------------------|--------|
|                   |     | 1              | 2   | 3                | 4a   | 4b   | 5                       | 6                          |        |
| 1                 |     |                |   |                  |  |  |                         |                            |        |
| 2                 |     |                |   |                  |  |  |                         |                            |        |
| 3                 |     |                |   |                  |  |  |                         |                            |        |
| 4                 |     |                |   |                  |  |  |                         |                            |        |
| 5                 |     |                |   |                  |  |  |                         |                            |        |
| 6                 |     |                |   |                  |  |  |                         |                            |        |
| 7                 |     |                |   |                  |  |  |                         |                            |        |
| 8                 |     |                |   |                  |  |  |                         |                            |        |
| 9                 |     |                |   |                  |  |  |                         |                            |        |
| 10                |     |                |   |                  |  |  |                         |                            |        |
| 11                |     |                |   |                  |  |  |                         |                            |        |
| 12                |     |                |   |                  |  |  |                         |                            |        |
| 13                |     |                |   |                  |  |  |                         |                            |        |
| 14                |     |                |   |                  |  |  |                         |                            |        |
| 15                |     |                |   |                  |  |  |                         |                            |        |

- Satisfactory Performance     
 **F** - Fail   
 Total Pass    
 Total Fail

**Awards information**

Awards issued by affiliate   
  Awards not issued

**Host information**

Host name (Affiliate) \_\_\_\_\_ Telephone \_\_\_\_\_  
 Street address \_\_\_\_\_  
 City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal code \_\_\_\_\_

**Course information**

Certification date: \_\_\_\_\_  
 (YY) (MM) (DD) ( )  
 Facility name (e.g., name of pool) \_\_\_\_\_ Telephone \_\_\_\_\_  
**This section to be completed by the Lifesaving Instructor who taught and evaluated the candidates.**  
 Instructor's name \_\_\_\_\_ ID# (optional) \_\_\_\_\_  
 E-mail address \_\_\_\_\_  
 ( )  
 Telephone \_\_\_\_\_ Signature \_\_\_\_\_