

Lifesaving Society Instructor PRACTICE TEACHING FORM

NAME: _____

EVALUATOR _____

LEVEL: _____

TOPIC: _____

DATE: _____

AREAS EVALUATED

Please circle the appropriate answer

SATISFACTORY/UNSATISFACTORY

COMMENTS

1. SAFETY

-Minimum risk in

- formations
- use of water space
- progressions

-Carrying whistle and rescue aid

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

2. PRESENTATION

-Voice clear and audible

-Visual and tactile communication

-Teaching Approach

- effective for topic/skill
- encourages class involvement (high activity)

-Progressions

- logical
- manageable chunks
- evidence of planning
- adjusted approach when necessary

-Practice

- adequate time
- realistic and specific to skill/topic taught
- effective and useful

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

3. PROFESSIONALISM

-Dressed appropriately

-Carrying Award Guides

-Instructor gets wet

-Utilizes lesson plan

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

4. EVALUATION

-Feedback

- immediate
- constructive
- specific
- according to Must Sees

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

5. CONTENT

-Accurate

-Adequate & Appropriate

-Focus on priorities

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

6. COMMUNICATION

-Uses key points

-Keeps directions short & simple

-Uses perception checks

-Instructs with enthusiasm

-Positive body language

-Avoids inappropriate mannerisms

(ie) Okay, Um, Like, Pauses, etc.

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

7. LESSON PLAN

- available
- contains sufficient material for a lesson at this level
- uses appropriate equipment

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

Satisfactory or Unsatisfactory

OVERALL PERFORMANCE	Please indicate the appropriate level of performance by circling the appropriate row.	COMMENTS
SUPERIOR	Well Done! The lesson showed a good understanding of learning principles, technical knowledge and a high level of teaching skills.	
SATISFACTORY	Learning was taking place- good. Try to improve in the areas indicated.	
UNSATISFACTORY	There were problems with this lesson. Please see the Instructor Trainer for assistance.	

EVALUATOR'S SIGNATURE: _____

CANDIDATE'S SIGNATURE: _____

INSTRUCTOR COURSE LOCATION: _____

INSTRUCTOR COURSE DATE: _____

INSTRUCTOR TRAINER: _____



LIFESAVING SOCIETY
SOCIÉTÉ DE SAUVETAGE

The Lifeguarding Experts
Les experts en surveillance aquatique

Completed forms may be returned to the Lifesaving Society, 5516 Spring Garden Road 4th Floor, Halifax, NS B3J 1G6

Please ensure that each of the following receive a copy: Instructor Candidate and Instructor Trainer

www.lifesavingsociety.ns.ca