



Aqualines

Lifesaving news for Nova Scotians

5516 Spring Garden Road, 4th Floor • Halifax, Nova Scotia B3J 1G6 • Tel: 902-425-5450 • Fax: 902-425-5606
 Email: experts@lifesavingsociety.ns.ca • Website: www.lifesavingsociety.ns.ca

NATIONAL LIFEJACKET DAY

With the assistance of local media and corporate partners the Lifesaving Society made a big splash with the message of safe boating and wearing lifejackets on National Lifejacket Day, May 15.

In the Halifax region the Q104 morning team dove right into the topic while wearing lifejackets on the air. B.J Burke made sure that everyone knew that both he and Harv Stewart would be wearing their lifejackets in style on their May fishing trip to the Annapolis Valley.

Over 80 percent of Citizen Q callers stated in a question posed by the Lifesaving Society, "should it be mandatory for lifejackets to be worn while in small boats?" – "Yes indeed, the lifejackets are no good if they are not being worn" said the Q listeners.

Not to be outdone by their colleagues in the city, on air personalities with the Annapolis Valley Radio Station also donned their lifejackets to help encourage their listeners to stay safe around the water.

CBC Radio did their part on National Lifejacket day by inviting Paul D'Eon of the Nova Scotia Lifeguard Service and Sly Lessard, the training manager for St. John's Ambulance in New Brunswick, to promote Water Smart Education and the correct response to an emergency. Callers from throughout the Maritimes to the CBC Maritime Noon were given good advice by this safety conscious duo.

In Windsor, Lifesaving Society volunteer Marcel Simard took to the airways to promote lifejacket use and the National Safe Boating Council's Safe Boating Week.

Two of Nova Scotia's finest restaurants- the Coco Pesto Bistro in Windsor and the Lobster Shack on Marine Drive (#7 Hwy) partnered with the Lifesaving Society by donating lifejackets as prizes to the audience at Q104 and Annapolis Valley Radio.

The Lifeguard Store

Feature products:

Top 10 Humour Shirts \$18.00



Short sleeve- available in small, medium, large, extra-large & XXL

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For ordering information call (902) 425-5450 ext 323

Or visit us at www.lifesavingsociety.ns.ca



COLD WATER BOOT CAMP

The Lifesaving Society together with The National Search & Rescue Secretariat, Transport Canada, Canadian Safe Boating Council, Helly Hansen, Dr. Gordon Geisbrecht Ph.D. and Ted Rankine are educating Canadians about the dangers of Cold Water immersion.

Experience vicariously with young, fit, trained and motivated people as they struggle in the cold water, demonstrating to the average boater the perils of cold water.

Check out this fascinating website at: coldwaterbootcamp.com
 One of the Boot Campers is Ryan Lewis, a police officer in Cape Breton.

ATTENTION ALL NS FACILITIES...

The Lifesaving Society
would like to feature
YOUR stories...

Send us your news, staffing changes (for our "Changing Lanes" feature), information about new programs you are starting, etc.

We'd also like to hear your suggestions for increasing participation in Lifesaving Society programs, and we can share your suggestions & "best practices" in this newsletter.

2008 WORLD LIFESAVING CHAMPIONSHIPS

Jason Cross of Nova Scotia has been appointed to Canada's National Lifesaving Team. Jason has a long history of competing in Lifesaving Sport at all levels of competition. Jason is not only a pioneer in the sport of Lifesaving, but has held many overall individual titles. He has been a true ambassador for the sport.

Canada's twelve member team will compete in Berlin and Warnemünde, Germany, July 20 to August 2, 2008. The team will be coached by Don Burton and managed by Shanna Reid. The team has a new look and hopes of a strong overall performance at the international championships. Canada will compete against 30 other nations in both pool and surf events.

Lifesaving sport is a unique combination of competitive swimming and timed, simulated rescue drills. It is fast paced and demanding. Through swimming, use of rescue equipment, or performing manikin rescue, lifesaving sport tests the athlete's speed, endurance, agility, coordination and strength.

The Lifesaving World Championships (Rescue 2008) are sanctioned by the International Life Saving Federation. Lifesaving sport- the only sport developed on humanitarian principles- is recognized by the International Olympic Committee and the Commonwealth Games Federation. The Lifesaving Society- Canada's Lifeguarding expert- is the governing body for lifesaving sport in Canada.

LIFESAVING SOCIETY SCHOLARSHIPS

The Lifesaving Society – Nova Scotia Branch is excited to announce the creation of two (2), Five Hundred Dollar (\$500.00) scholarships to be awarded to Lifesaving Society award holders to assist with the cost of post secondary education.

The basic criteria for selection for the scholarships are as follows:

- academic performance
- financial need
- proven dedication to the vision of the Lifesaving Society, which is to make Nova Scotia a water smart and water active province.

Information is available on the Society's Website.

ANNUAL GENERAL MEETING

TUESDAY, JUNE 3, 2008

Come celebrate the 100th anniversary of the Lifesaving Society during the Nova Scotia Branch Annual Information Session and General Meeting.

1:00 pm **Sport Nova Scotia Building**
2nd Floor
5516 Spring Garden Road
Halifax

- Lunch
- Hiring Qualified & Dedicated Aquatic Recreation Staff
- Swim to Survive- "What a Difference a Year Makes"

7:00 pm **Nantucket Room**
Dartmouth Sportsplex
Dartmouth

- Annual General Meeting
- Celebrating a century of saving lives
- Re-Bronze "The Way it Was"
- Facility Awards
- Lifesaving Series Awards Presentation
- Reception

All members are invited.

R.S.V.P.

by May 28, 2008

Hylda Tucker

Lifesaving Society NS Branch

Tel: (902) 425-5450 ext. 323

Email: hyldat@lifesavingsociety.ns.ca

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AquaLines

Aqualines is a publication of the Lifesaving Society Nova Scotia Branch. For more information on Lifesaving Society initiatives and programs, visit www.lifesavingsociety.ns.ca

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