



Aqualines

Lifesaving news for Nova Scotians

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Lifesaving Society - 100th Anniversary

This year, 2008, is a milestone that not many organizations can boast about. The first Canadian Branch (Ontario) of the Royal Lifesaving Society was formally established in 1908.

In the following century the good work and dedication spawned in Ontario spread throughout Canada. Canadians in every province now have access to programs and services offered by Canada's Lifeguarding Experts.

The Nova Scotia branch of the Lifesaving Society, established in 1962, is only half as old as the Lifesaving Society in Ontario but our accomplishments reflect the aims and objectives of the society as expressed a century ago.

Nova Scotians have collectively donated years of their time to the Lifesaving Society and their efforts have paid off. The number of drownings has decreased, more Nova Scotians complete Society programs every year and Nova Scotians excel at the sport of Lifesaving.

"The society has no intention of resting on its laurels," says Alanna Robinson, President of the Nova Scotia Society. "*Swim to Survive* is an excellent example of recent society success."

Watch for details of 100th Anniversary Lifesaving Celebrations that will continue until the 2009 AGM.

Changing Lanes

The national Board of Directors is pleased to announce the appointment of **Mr. Timothy Feher** to the position of CEO. Along with our existing staff & volunteer complement, Tim will propel the Lifesaving Society further toward our mission of drowning prevention.

Aileen Nauss has recently accepted a position with the Canadian Red Cross, as Technical/ Program Associate. Aileen has been employed at Sackville Sports Stadium for a number of years. Aileen has a long history of service with the Lifesaving Society and has volunteered in a number of capacities. In the summer of 2007 Aileen introduced the Lifesaving Society's Swim to Survive program at Sackville Sports Stadium.

If there is something new at your affiliate or facility, please let us know & we will pass it along.

The Lifeguard Store

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For ordering information call
(902) 425-5450 ext 323

Or visit us at
www.lifesavingsociety.ns.ca

VOLUNTEERS NEEDED

The Lifesaving Society needs your assistance.

If you have an interest in history, recreation, ecology or would like to help out with some HRM based Swim to Survive programs let us know.

Please contact Hylda Tucker at (902) 425-5450 ext 323



Round two of the **Nova Scotia Lifesaving Series** was recently completed at Northcliffe pool. The HRM team was able to take advantage of their home pool by winning the competition, giving them a strong lead in the overall results. However, there are still four rounds left to go, so their lead is definitely not safe. Round three of the **Lifesaving Series** takes place at the Dartmouth Sportsplex on Saturday February 2nd, from 5:00PM – 9:00PM. Since the next day is Super Bowl Sunday, maybe it would be a good plan to come out to the competition

and burn off a few calories! If you are interested in getting a team into future competitions, please contact the Lifesaving Society office and we can help you either set up your team, or set you up with an existing team.



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Junior Lifeguard Club



More action, more options, more fun. The **Junior Lifeguard Club** offers serious fun for members 8 to 15

years of age! This program has been designed by the Lifesaving Society for a serious purpose- but the process is pure fun.

The **JLC** offers a unique alternative for those special kids who love the water and who want more than "lessons". It keeps these kids interested and active in aquatics- especially quick learners and those caught between levels.

Scotia Pool in Truro will be starting a **Junior Lifeguard Club** January 23rd. Steve Quinn, Aquatic Director says, "This program is fantastic. There tends to be a time when kids finish lessons & there is a gap between programs. The **Junior Lifeguard Club** fills this gap exceptionally well."

If you would like to offer **Junior Lifeguard Club** at your facility, please contact the Lifesaving Society for more information. We have all the course materials you will need (which are very affordable) & we would be glad to help.

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THURSDAY

2 for 1 Smoothies

FRIDAY

2 for 1 Brownie Delight Sundae

SATURDAY

1/2 price Banana Split

AquaLines

Aqualines is a publication of the Lifesaving Society Nova Scotia Branch. For more information on Lifesaving Society initiatives and programs, visit www.lifesavingsociety.ns.ca

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