



# Aqualines

Lifesaving news for Nova Scotians

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## Michael Moore receives Honorary Lifetime Governor Award

On November 21st, Alanna Robinson, president of the Lifesaving Society Nova Scotia Branch presented Michael Moore with one of the Society's most prestigious awards, The Honorary Lifetime Governor Award.

This award is presented to people who have worked tirelessly for the Lifesaving Society. This is the first time the award has been presented by the Nova Scotia branch of the Society.

Mr. Moore has already received all previous awards, and has over 25 years of meritorious service in different capacities with the Society.

"I am pleased to present this award to one of the Society's longest serving board members. Michael's contribution to drowning prevention is greatly appreciated and should be commended. He is an asset to the Lifesaving Society's board of directors and has been an integral part of the Society's tremendous growth over the years. Congratulations Michael." said Ms. Robinson.

Mr. Moore says "I was recruited by Anne Newcombe, a former President of the Society to join the Board of Directors of the Society. From the beginning of my association with the Society I was impressed by the dedication and commitment of the Board Members." Mr. Moore said that despite not having a background in aquatics or lifesaving he did have a first hand knowledge of many beaches in Nova Scotia. In law school Mr. Moore wrote a major paper on beach preservation and protection.



He says his family spends "the best part of our lives at our cottage at Melmerby Beach." His wife, Jane MacIntosh and his daughter Bronwyn Moore have both worked as lifeguards. His son Stuart has recently completed his Bronze Medallion course and hopefully will be working towards achieving his NLS award.

"Over the last 25 - 30 years, through the leadership of numerous Presidents and Executive Directors, the Society has grown and gained the confidence of the aquatic community," said Mr. Moore, reflecting on his years volunteering with the society.

He added "The Society is selfless and it's volunteers work tirelessly and relentlessly towards making Nova Scotia a safer place for the public to participate in aquatic activities both in and on the water."

Congratulations Michael Moore.

## The Lifeguard Store

New products available:



**Lifesaving Society Toques**  
Black, "one size fits most"  
\$14.00



**Lifesaving Society**  
**Sweatpants**  
Available in black or navy,  
S,M,L  
\$36.00

For ordering information call  
(902) 425-5450 ext 323

Or visit us at  
[www.lifesavingsociety.ns.ca](http://www.lifesavingsociety.ns.ca)

## Changing Lanes

**Monica Croft** has recently taken a position as Assistant Manager at the Lifplex in Cornwallis. Monica has worked the last five years at the Fisheries Training Pool in Pictou.

**Lori Rumsey** has taken over from **Dan Doucet** as Assistant Manager at Dalplex. Dan is now teaching full-time at Gorsebrook Junior High.

**Ray Moorehead** is the new man in the pool at Cole Harbour Place. Ray has taken over from **Peter O'Brien**, who is now at Acadia.

**Johanna DeCastro** will be truly missed at Northcliffe Pool. Johanna has moved on to Burlington, Ontario

**Hylda Tucker** has joined the staff of the Lifesaving Society as Office Manager.

**Mike Maguire** is the new Database Manager for the Lifesaving Society

***If there is something new at your affiliate or facility, please let us know & we will pass it along.***



The first round of the Lifesaving Sport Competition Series for Nova Scotia's Pool Lifeguards will take place Sunday, December 9<sup>th</sup> at Dalplex Pool. Time: 9:00am – 1:00pm.

For more information go to [www.lifesavingsociety.ns.ca](http://www.lifesavingsociety.ns.ca).

Enter & click on Competitions/NS Lifesaving Series. You can also call Paul D'Eon at (902) 477-6155, or email [paul.deon@nsls.ns.ca](mailto:paul.deon@nsls.ns.ca).

***We hope to see as many of you as possible at Dalplex on the 9<sup>th</sup>.***

## AED Focus

Defibrillation is the only definitive treatment for cardiac arrest. Many of the Lifesaving Society's Affiliates have purchased Automated External Defibrillators (AED) and most have plans to purchase the instruments in the near future.

While all of the AEDs currently on the market are easy to use and require little training, the Lifesaving Society recommends that organizations with AEDs provide their members with at least basic training.

The Lifesaving Society has several elements in place to assist aquatic facilities and other organizations with their AED training. These elements include:

1. Any current Lifesaving Society First Aid Instructor who is has a current endorsement in AED may teach AED.
2. The Lifesaving Society has released the Canadian AED Manual that details, the Chain of Survival, AED Protocol, AED Operation and special considerations. Each AED Manual is \$5.00
3. The Lifesaving Society's Canadian First Aid Manual provides detailed information on AEDs in the AED and Airway Management section.
4. The Lifesaving Society AED test sheet is posted on our website, [www.lifesavingsociety.ns.ca](http://www.lifesavingsociety.ns.ca), click on other services and than Forms and Publications.
5. The certification charge for each AED student is \$6.00
6. For organizations requiring an inexpensive system for AED training the Lifesaving Society supplies ACTAR AED Trainers and ACTAR D-fib training manikins.

If you have any questions concerning AED training or ACTAR training equipment please contact Gordon Richardson at any time.

Tel: (902) 425-5450 ext. 331  
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## AquaLines

Aqualines is a publication of the Lifesaving Society Nova Scotia Branch. For more information on Lifesaving Society initiatives and programs, visit [www.lifesavingsociety.ns.ca](http://www.lifesavingsociety.ns.ca)