



Aqualines

Lifesaving news for Nova Scotians

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Summer Overview

The summer season has been a busy and eventful one. The launch of the Water Safety campaign with Lifesaving Society and the NSLC created visual images and messages throughout the province reminding everyone to be safe in and around the water. The Lifesaving Society has been featured on television and in the newspaper throughout the summer, highlighting our Swim to Survive program and Drowning Prevention Week. Numerous times throughout the summer the Lifesaving Society has been contacted for advice and comments on various areas of water safety, and we are glad to be there to fill that need.



**John Strickey,
Executive Director**

Throughout the fall and winter we will continue to focus our messages around lifesaving and water safety as well as ice safety, with the hopes of drastically reducing the number of drowning incidents in Nova Scotia. I hope everyone enjoyed a fun, Water Smart®, Water Active summer!

Summer Coordinators

Since June, the LSS summer coordinators have been busy traveling Nova Scotia, visiting indoor and outdoor water facilities, providing public education and increasing the safety of swimming facilities. Here is what they had to say:

Debbie Purvis: "This summer started off a bit dreary with the poor weather conditions, but the rocky start finished off strong in August where I was able to get out and teach the Swim to Survive standard, talk about and distribute materials from our new water safety campaign, as well as visit programs and offer support to our summer facilities. It's been a great summer working in the office as well as being out on assignment and I can only thank everyone for having me back for a second summer!"

Diana Gillis: "This summer the Cape Breton Regional Municipality offered the Lifesaving Society's Learn to Swim Program at various seasonal waterfronts. There was a positive response from parents on the structure of the program as well as the ability of the swimming instructors. On August 5th a Kidsprea Fair was held in Sydney and the Lifesaving Society had a display set up promoting our water smart messaging, information regarding Jr. Lifeguard clubs, the Swim to Survive program, and the advanced lifesaving courses. As always our Cape Breton summer was full of great events, giving us the opportunity to provide water smart messages and encouraging people of all ages to play safe around the water."

Public Relations

Ashleigh VanHouten: "My first summer with the Lifesaving Society (LSS) was a fun and busy one. I worked out of the head office, focused on raising awareness of the society, encouraging media to support events at pools and beaches, and teaching the community about water safety. The NSLC and LSS water safety launch was a huge hit, and we had many calls throughout the summer by media who read our materials and wanted to know more. I chalk it up to a successful summer—I'm sure it will continue into the winter and beyond!"



Program Manager

Mike Melenchuk: Newly appointed Program Manager Mike Melenchuk had a busy summer as he began to provide service, support and development to our Affiliates with the National Lifeguard Award as well as the continued development of the Leadership network for our National Lifeguard Award. Mike has and will continue to be active in reviewing the current and future requirements on lifeguarding, and working on development and support in the area of Leadership Training. Mike can be reached at mikem@lifesavingsociety.ns.ca, or by phone at 902-489-6203. Please call Mike for any support you require or questions you have regarding lifeguard training, clinics and leadership development for your facility.



New CPR Guidelines

New CPR guidelines are being released as of September 1. There is no need to attend a training clinic as the changes are simple and can be easily integrated into in-service training. Literature about the new CPR guidelines can be downloaded from the Lifesaving Society website at www.lifesavingsociety.com. All awards and certifications should be taught using the new guidelines by January 1, 2007. For more information on the new resuscitation protocols, please contact the Lifesaving Society office at 425-5450.



Surf League Results



Dalplex wins Surf League Championship

Left: Dalplex competitor and National Team member Carla Geurts-Cole navigates her surf ski through rough conditions at Martinique Beach.

For the first time in seven years, the Dalplex Tigersharks found themselves at the top of the standings at the end of the Surf League season. The Tigersharks clinched their first ever series title with a win in round 5 of competition held at Martinique Beach just outside Musquodoboit Harbour.

The top male and female competitors at season's end were Nathan Mitchel and Katie Campbell. Nathan and Katie will be presented the men's and women's Most Valuable Competitor Awards at the Surf League Awards Ceremony Friday, September 22 at 8:00pm at the Halifax Curling Club: 948 South Bland Street .

For more information, visit <http://surfleague.nsls.ns.ca>

Final Standings

Team	Points
1 Dalplex Tigersharks (DAL)	2,026
2 Central Province Makos (CPM)	1,837
3 Western Province Hammerheads (WPH)	896
4 Cape Breton Thresher Sharks (CBT)	677

Top 3 Individual Point Getters (Women/Men)

Name	Team	Points
1 Campbell, Katie	CPM	280
2 Flynn, Stephanie	WPH	202
3 Hyson, Melissa	CPM	180

Name	Team	Points
1 Mitchell, Nathan	CPM	245
2 Cross, Jason	DAL	196
3 Sellers, Aaron	CPM	176

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Aqualines is a free publication of the Lifesaving Society Nova Scotia Branch. For more information on Lifesaving Society initiatives and programs, visit www.lifesavingsociety.ns.ca