



LIFESAVING SOCIETY®  
*The Lifeguarding Experts*

Communiqué  
February 2006

## 2006 TYR Canadian Junior Lifeguard Games Pool

### DATE & LOCATION

Sunday, May 21, 2006, 10:00 am – 2:30 pm  
Dalplex Aquatic Centre, Halifax, Nova Scotia

### ELIGIBILITY AND THE RIGHT TO PARTICIPATE

To be eligible to compete in the TYR Canadian Junior Lifeguard Games, competitors shall:

- be Canadian citizens or landed immigrants.
- hold a Lifesaving Society award *or* be a member of a Junior Lifeguard Club *or* be registered in a Lifesaving Society training program.
- Not hold the Society's National Lifeguard certification.
- meet the Lifesaving Society's Canadian swim-to-survive standard (swim 50m and tread 1 min.)
- be at least 12 years of age but less than 17 years of age as of the first day of the Games.

Age-group competitors may enter the Games as individuals or as members of a team. Competitors entered as an age-group team must be members of the same Affiliated Club or associated with the same Lifesaving Society Affiliate.

Competitors may compete for only one club or Affiliate at a time.

Division	Age
Age group	16 years
Age group	14 & 15 years
Age group	12 & 13 years

## TEAM COMPOSITION

A team may consist of a minimum of 1 individual. At this time, there is no maximum number of competitors per team.

Teams must identify a captain who will attend the captains meeting and speak for the team in all matters related to the competition.

Impersonation or use of ineligible competitors will result in disqualification of the team from the championship.

## PROGRAM OF EVENTS

The following events will be conducted in both male and female categories:

Individual Events	12-13 yr.	14-15 yr.	16 yr.
Obstacle Swim	100m	100m	100m
Manikin Support	Rescue Manikin	Rescue Manikin	Rescue Manikin
Throwing Accuracy	7m	7m	7m
Lifesaving Medley	200m	200m	200m
Tow with Fins	100m	100m	100m

Total-Age Mixed Team Events	Ages total 50 yr. or less	Ages total 60 yr. or less
Obstacle Relay	4 x 50m	4 x 50m
Medley Relay	4 x 50m	4 x 50m

### New event – Manikin Support

The 2006 TYR Canadian Junior Lifeguard Games features a new Manikin Support event.

On an acoustic signal, competitors support a rescue manikin at the surface of the water for as long as possible, while remaining within their lane no more than 2m from the edge of the pool. Competitors may support the manikin in any manner as long as the manikin's mouth and nose remain at the surface. The clock stops when the manikin's mouth or nose submerges.

The full event description will be posted.

**Team composition for relays:** Age-group relay events shall be conducted with 2 male and 2 female competitors. These 4-person

relays are conducted as total-age events with competitors whose ages total 50 years or less and 60 years or less. The total of the 4 competitors' ages determines the team's age group. For example, a team comprised of a 12-year-old, a 14-year-old, a 15-year-old and a 16-year old (= 57 years) would compete in the 60 years or less age group.

At Canadian championships, competitors may compete as a member of only 1 total-age relay team per event.

Interchanges of members between heats and finals are allowed.

The offending swimmer(s) of a team disqualified in heats may not be used as a member(s) of a relay team in the final of the same event.

***The Lifesaving Pentathlon*** is comprised of the following 5 individual events: Obstacle Swim, Manikin Support, Throwing Accuracy, Lifesaving Medley and Tow with Fins. The Lifesaving Pentathlon is conducted in male and female categories. Competitors must enter and complete all 5 events.

## SCORING

Finals shall be conducted for Canadian championships. In race events, the fastest 16 competitors based on heats are assigned positions in an A- and B-final of 8 competitors each. Winners of finals shall be declared Canadian champions.

Clubs are allowed unlimited entries in events, however only the top 3 placing entries score team points.

***Points in individual events:*** Team members competing in the following pool events – Obstacle Swim, Manikin Support, Throwing Accuracy, Lifesaving Medley and Tow with Fins events – shall be allocated points as per the following chart:

Individual Events

Place	Points	Place	Points	Place	Points	Place	Points
1 <sup>st</sup>	20	5 <sup>th</sup>	13	9 <sup>th</sup>	8	13 <sup>th</sup>	4
2 <sup>nd</sup>	18	6 <sup>th</sup>	12	10 <sup>th</sup>	7	14 <sup>th</sup>	3
3 <sup>rd</sup>	16	7 <sup>th</sup>	11	11 <sup>th</sup>	6	15 <sup>th</sup>	2
4 <sup>th</sup>	14	8 <sup>th</sup>	10	12 <sup>th</sup>	5	16 <sup>th</sup>	1

***Points in team events:*** Teams competing in the Obstacle Relay and

Medley Relay shall be allocated points as per the following chart:

Team Events

Place	Points	Place	Points	Place	Points	Place	Points
1 <sup>st</sup>	40	5 <sup>th</sup>	26	9 <sup>th</sup>	16	13 <sup>th</sup>	8
2 <sup>nd</sup>	36	6 <sup>th</sup>	24	10 <sup>th</sup>	14	14 <sup>th</sup>	6
3 <sup>rd</sup>	32	7 <sup>th</sup>	22	11 <sup>th</sup>	12	15 <sup>th</sup>	4
4 <sup>th</sup>	28	8 <sup>th</sup>	20	12 <sup>th</sup>	10	16 <sup>th</sup>	2

## AWARDS

### Canadian Junior Lifeguard Games

The Canadian team with the highest overall point score is awarded the Canadian Junior Lifeguard Games banner.

For all age groups, individual awards shall be presented to the first 3 places in the final of all events. Event winners are recognized as Canadian Champions.

***Pool Games – Lifesaving Pentathlon:*** A Lifesaving Pentathlon Award shall be presented to the male competitor and the female competitor with the highest overall point scores in the following events: Obstacle Swim, Manikin Support, Throwing Accuracy, and Lifesaving Medley, Tow with Fins. Only competitors who enter all 5 of these events are eligible for these awards.

## ENTRY PROCEDURES

### Championship registration

All teams must register prior to the Games in accordance with the procedures and deadlines established by the host organizing committee.

Team registration fees and event entry fees must be paid with the team registration.

Competitors should bring a photocopy of their Lifesaving Society award proving eligibility because it may be asked for at check in.

To facilitate seeding in pool events, competitive times must accompany entries.

Registrations received after the deadline established by the host organizing committee may be subject to a late fee. The host organizing committee reserves the right to deny entry to late registrants.

The organizing committee reserves the right to require a team to change its team name.

***Late entries:*** No entries in individual or team events shall be accepted later than 7 days prior to the first day of the Games.

### Language interpretation

French / English language interpreters are provided by the organizing committee at Canadian championships.

Teams who require interpretation service must make this known to organizers when registering for the championship.

Teams are encouraged to provide their own interpreters. These interpreters may not be a member of the team.

## ***CANADIAN COMPETITION MANUAL***

The *Canadian Competition Manual*, January 2003 Edition, provides competition organizers, officials, team managers and coaches with the definitive rules, standards and procedures for competitive lifesaving in Canada. The manual outlines the events, regulations, and procedures for Canadian championships – both pool and open water – for age group, senior and masters divisions, and it defines the rules for sanctioned competitions.

The *Canadian Competition Manual* is available online at: [www.lifesavingsociety.com](http://www.lifesavingsociety.com). Or purchase the manual for \$20.00 (including shipping, handling and tax) from the Lifesaving Society, 322 Consumers Road, Toronto, Ontario M2J 1P8  
Phone: 416-490-8844 Fax: 416-490-8877  
E-mail: [experts@lifeguarding.com](mailto:experts@lifeguarding.com)

## FOR MORE INFORMATION

For further information about the TYR Canadian Junior Lifeguard Games – Pool, contact:

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## CALENDAR

TYR Canadian Junior Lifeguard Games – Open Water  
August 25, Manitoba