



LIFESAVING SOCIETY®  
SOCIÉTÉ DE SAUVETAGE

*The Lifeguarding Experts*  
*Les experts en surveillance aquatique*

*Communiqué 2 – May 2006*

## 2006 CANADIAN LIFEGUARD CHAMPIONSHIPS

May 19-21, Dalplex Aquatic Center, Halifax, Nova Scotia

*Nova Scotia Branch is excited to be hosting the 30<sup>th</sup> Canadian Lifeguard Championships!*

### CLINICS

We will be hosting several clinics that may be of interest to competitors, coaches and officials.

- ***Lifesaving Coach Level 1 Pool Certification Course – May 18<sup>th</sup> from 2:00-8:00 pm. \$30.00.*** The Lifesaving Coach Level 1 Clinic is designed to teach you how to coach the competition events to community-based clubs. This is an excellent course, if you coach or want to coach a Junior Lifeguard Club or a Masters program. It will give you new ideas for drills to develop your athletes and keep them interested in sport.
- ***Officials and Judges Certification Course – May 18<sup>th</sup> from 2:00-4:00 pm and 4:00-8:00 pm respectively. \$30.00 each certification.*** Another exciting course for officials and judges. Officials with experience are eligible to take the Judges Course. We will have facilitators from across the country assisting on this course, so you'll receive a global understanding of the duties involved in officiating and judging.
- ***Competitor's Clinic – May 18<sup>th</sup> from 10:00-2:00 pm. No Charge.*** Of course we save the best for last. This is just for you. Bring your questions, queries and concerns. Our crew of facilitators has a great understanding of the events from all sides – as officials, as coaches, and as athletes.

## RULES CLARIFICATION *Canadian Competition Manual*

- **100m Tow with Fins and 200m Iron Guard** – For safety, on the approach to the manikin the line must be fully extended. On the approach to the manikin, after touching the turning wall edge, the competitor may contact the line or tube or manikin.
- **General Conditions for Pool Competition (page 46) “Mouth and nose above the surface”** – The competitor must demonstrate every intention of maintaining the manikin’s mouth and nose above the surface. Competitors shall not be disqualified if water covers the manikin’s mouth and nose from time to time. Officials will disqualify competitors who do not maintain the mouth and nose of the manikin above the surface for the majority of the carry. Officials shall disregard the bow wave or wash created by the competitors and/or the manikins.
- Please note that events are not eligible for ILS records.

## MARKING SHEETS

Note that an additional marking form, “Overall Score Sheet”, has been added to the First Aid Event.

## EQUIPMENT POOL

Oxygen units and spineboards will be provided for the equipment pool. Any other items shared with multi-teams can also be placed in the equipment pool provided the teams do not mind other teams using their equipment.

## FOR MORE INFORMATION

For more information contact:  
Paul D’Eon, E-mail: paul.deon@nsls.ns.ca

## CALENDAR

### **Canadian Surf Lifesaving Championships**

*Masters Division:* August 25, Manitoba

*Seniors Division:* August 26-27, Manitoba

### **TYR Canadian Junior Lifeguard Games – Open Water**

August 25, Manitoba