

Nova Scotia Lifeguard Service Junior Lifeguard Competition 2008



Schedule of Events

Date: August 2, 2008

Location: Rissers Beach, Lunenburg County

Time	Event
9:00am	Officials Check in
9:30am	Competitor Check in and Registration
10:00am	Coaches meeting and briefing
10:30am	Rescue Tube Race
11:00am	Beach Run
11:30am	Board Race
12:00 Noon	Lunch Break (see note)
1:00pm	Canadian Ironguard
2:00pm	Beach Flags
2:30pm	Award Presentation and wrap up

Notes:

Competitors are required to provide their own lunch.
Times are subject to change in relation to number of competitors